

Anti-Bias/Diversity Resources for Preschoolers and Families

Compiled by the Paddington Parent Association Parent Education Committee
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Image Source: [We Need Diverse Books](#)

Resources for Children

Children's Books

*Resource Websites

[Parents For Diversity: Library](#)
[Coretta Scott King Book Awards](#)
[Curated Books at Ashay By the Bay](#)
[Just Like Me Monthly Book Subscription](#)
[Our Shelves Monthly Book Subscription](#)
[Social Justice Books](#)

*Books that Celebrate Diversity

"[We're Different, We're the Same](#)" by Bobbi Kates, illustrated by Joe Mathieu
"All Are Welcome" by Alexandra Penfold and Suzanne Kaufman
"Our Favorite Day of the Year" by A.E. Ali and Rahele Jomepour Bell
"Let's Dance" by Valerie Bolling, illustrated by Maine Diaz
"Woke Baby" by Mahogany L. Browne, illustrated by Theodore Taylor
"I Love Me" by LaRonda Gardner Millemiss, illustrated by Beth Hughes
"Hands Up!" By Breanna J. MCDaniel, illustrated by Shane W. Evans
"Another" by Christian Robinson
"I Am Enough" by Grace Byers
"You Matter" by Christian Robinson

"It's OK to be Different: A Children's Book about Diversity and Kindness" by Sharon Purtill, illustrated by Sujata Saha
"It's Okay To Be Different" by Todd Parr
"I Am Brown" by Ashok Banker, illustrated by Sandhya Prabhat
"Skin Like Mine" by LaTashia M. Perry
"Eyes That Kiss In The Corners" by Joanna Ho, illustrated by Dung Ho
"All The Colors We Are" by Katie Kissinger
"The Colors of Us" by Karen Katz
"Shades of People" by Shelly Rotner and Sheila M. Kelly
"Whose Knees are These?" by Jabari Asim, illustrated by LeUyen Pham

*Books about Black Pride

"Black is a Rainbow Color" by Angela Joy
"Sulwe" by Lupita Nyong'o
"Firebird" by Misty Copeland
"I Am Every Good Thing" by Derrick Barnes
"The King of Kindergarten" by Derrick Barnes
"Black Girl Magic" by Mia L Harris
"Of Thee I Sing: A Letter to My Daughters" by Barack Obama
"Black Heroes" by Arlisha Norwood
M is for Melanin: A Celebration of the Black Child by Tiffany Rose

*Books That Celebrate Unique Names

"Alma, and How She Got Her Name" by Juana Martinez-Neal
"Always Anjali" by Sheetal Sheth, illustrated by Jessica Blank
"Where Are You From?" by Yamile Saied Méndez, illustrated by Jaime Kim
"The Name Jar" by Yangsook Choi

*Books That Celebrate Hair/Hairstyles/Head Coverings/Hair Hygiene/Dress

"Hats of Faith" by Medeia Cohan
"Under My Hijab" by Hena Khan
"Bedtime Bonnett" by Nancy Redd
"Hair Love" by Matthew A. Cherry
"Don't Touch My Hair" by Sharee Miller
"What Is A Patka?" by Tajinder Kaur Kalia
"The Many Colors of Harpreet Singh" by Surprya Kelkar
"The Boy and the Bindi" by Vivek Shraya
"Laxmi's Mooch" by Shelly Anand, illustrated by Nabi. H. Ali
"The Proudest Blue" by Ibtihaj Muhammed
"Suki's Kimono" by Chieri Uegaki
"Hair, It's a Family Affair!" By Mylo Freeman
"Hair Like Mine" by LaTashia M. Perry

*Books that Celebrate Culture, Food & How We All Eat Differently

"Carla's Sandwich" by Debbie Herman
"Bilal Cooks Daal" by Aisha Saeed
"Amy Wu and the Perfect Bao" by Kat Zhang
"The Sandwich Swap" by Queen Rania of Jordan Al Abdullah
"Thank You, Omu" by Oge Mora
Bee-bim Bop! by Linda Sue Park, illustrated by Ho Baek Lee
"Yoko" by Rosemary Wells
"Magic Ramen: The Story of Momofuku Ando" by Andrea Wang
"Every Night is Pizza Night" by J. Kenji López-Alt, illustrated by Gianna Ruggiero
"Spaghetti in a Hot Dog Bun" by Maria Desmond, illustrated by Kim Shaw
"Lailah's Lunchbox: A Ramadan Story" by Reem Faruqi
"The Day You Begin" by Jacqueline Woodson, illustrated by Rafael López
"Chik Chak Shabbat" by Mara Rockliff
"The Stranger's Farewell" by Palwasha Bazger Salem
"A Big Mooncake For Little Star" by Grace Lin
"A New Year's Reunion: A Chinese Story" by Yu Li-Qiong
"Fry Bread: A Native American Family Story" by Kevin Nobel Maillard
"Last Stop on Market Street" by Matt de la Pena

*Books about Immigration

"Dreamers" by Yuyi Morales
"Abuela" by Arthur Dorros
"Island Born" by Junot Diaz
"Watch Me: A Story of Immigration and Inspiration" by Doyin Richards, illustrated by Joe Cepeda

*Books about North American Indigenous Voices

"Sweetest Kulu" by Celina Kalluk
"A Day with Yayah" by Nicola I Campbell
"We Are Water Protectors" by Carole Lindstrom

*LGBTQ Voices

"Harriet Gets Carried Away" by Jessie Sima
"From the Stars in the Sky to the Fish in the Sea" by Kai Cheng Thom
"Plenty of Hugs" by Fran Manushkinj
"Jack (Not Jackie)" by Erica Silverman
"Julian is a Mermaid" by Jessica Love
"Heather Has Two Mommies" by Leslea Newman
"They She He Me: Free To Be!" by Matthew Sg & Maya Christina Gonzalez

*Books about Health & Abilities

"How to Build a Hug: Temple Grandin and Her Amazing Squeeze Machine" by Amy Guglielmo
"El Deafo" by Cece Bell

"Just Ask! Be Different, Be Brave, Be You" by Sonia Sotomayor

*Books Introducing Difficult History

"Martin's Big Words: The Life of Martin Luther King Jr" by Doreen Rappaport

"Henry's Freedom Box: A True Story From the Underground Railroad" by Ellen Levine

"Anne Frank" by Josephine Poole

"Separate is Never Equal" by Duncan Tonatiuh

"Ruby Bridges Goes to School" by Ruby Bridges

"When We Were Alone" by David A Roberston

*Books about World Cultures

"Africa Amazing Africa" by Atinuke

"The Amazing Travels of Ibn Battuta" by Fatima Sharafeddine

"T is for Taj Mahal: An India Alphabet" by Varsha Bajaj

"All About China" by Allison Branscombe

"All About Japan" by Willamarie Moore

"All About Korea" by Ann Martin Bowler

"Aztecs, Incas and Mayans For Children" by Baby Professor

"This Is How We Do It" by Matt Lamothe

*Books about Cultural Celebrations/Holidays

"Celebrations Around the World: The Fabulous Celebrations You Won't Want To Miss" by Katy Halford

"We Are Grateful: Ostalihhelega" by Traci Sorell and Frane Lessac

"The Shortest Day" by Wendy Pfeffer, illustrated by Jesse Reisch

"Bringing In the New Year" by Grace Lin

"Biscuit's Hanukkah" by Alyssa Satin Capucilli

"Latke, the Lucky Dog" by Ellen Fischer, illustrated by Tiphonie Beeke

"Hanukkah Bear" by Eric A. Kimmel, illustrated by Mike Wohnoutka

"Raihana's First Time Fasting" by Qamaer Hassan

"My First Ramadan" by Karen Katz

"It's Ramadan, Curious George" by H.A. Rey

"Festival of Colors" by Surishtha Sehgal, illustrated by Kabir Sehgal

"Let's Celebrate Diwali" by Anjali Joshi

"Daddy Christmas and Hanukkah Mama" by Selina Alko

"My First Kwanzaa" by Karen Katz

"Li'l Rabbit's Kwanzaa" by Donna Washington, illustrated by Shane W. Evans

Children's Shows

Doc McStuffins (Disney Now, Disney+, Hulu, YouTube, Amazon Prime Video)

Daniel Tiger (PBS Kids, YouTube TV, Amazon Prime Video, YouTube, Google Play)

Dora the Explorer/ Go, Diego, Go

Sesame Street (PBS Kids, Hulu, YouTube TV, Amazon Prime Video, HBO Max, Ages 2-5)

Nina's World (Hulu, YouTube TV)
Nella the Princess Knight (Nick Jr., Amazon Prime Video, YouTube, Google Play)
Motown Magic (Netflix, Ages 3-5)
Mira, Royal Detective (Disney Junior, Ages 4-8)
Molly of Denali (PBS, YouTube TV, Amazon Prime)
Xavier Riddle and the Secret Museum (PBS Kids, YouTube TV, Amazon Prime Video, YouTube, Google Play, Ages 4-7)

Children's Toys

Harperlman Dolls
I Never Forget A Face Memory Matching Game (eeboo magic beans)
Children Of The World Memory Game (Barefoot Books)
People Colors Crayon Pack (Lakeshore Learning)
Sushi Wooden Play Food Set (Melissa & Doug)
Taco & Tortilla Play Food Set (Melissa & Doug)
Children of the World Jumbo Jigsaw Floor Puzzle (Melissa & Doug)
[Brown Toy Box Monthly Subscription](#)

Resources for Adults

Books for Adults

[Curated Books at Elizabeth's Bookshop](#)

["Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think and Do"](#) by Jennifer Eberhardt

["Why Are All the Black Kids Sitting Together in the Cafeteria?"](#) by Beverly Daniel Tatum

["How to Be an Anti-Racist"](#) by Ibram X. Kendi

["Stamped: Racism, Antiracism, and You"](#) by Jason Reynolds and Ibram X. Kendi

["What If All the Kids Are White? Anti-Bias Multicultural Education for Children and Families"](#) by Lousie Derman-Sparks

["White Fragility: Why It's So Hard for White People to Talk About Racism"](#) by Robin DiAngelo and Michael Eric Dyson

["So You Want to Talk About Race"](#) by Ljeoma Oleo

["Caste: The Origins of Our Discontents"](#) by Isabel Wilkerson

"I'm Still Here: Black Dignity in a World Made for Whiteness" by Austin Channing Brown

"Between The World and Me" by Ta-Nehisi Coates

"Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor"
by Layla Saad

Articles

"What white parents get wrong about raising antiracist kids — and how to get it right," by
Melinda Wenner Moyer (Washington Post)

"Becoming a Parent in the Age of Black Lives Matter" by Clint Smith

"A Place of Freedom and Belonging in the Great Outdoors" by Mardi Fueller

Facebook Groups

Culturally Fluent Families

Culturally Fluent Schools and Educators

Social Media Accounts

@theconsciouskid

@hereweeread

@weneeddiversebooks

@sonyareneetaylor

@rachel.cargle

@ajabarber

@antiracismeveryday

@nowhitesaviors

@austinchanning

@15percentpledge

@jeomaoluo

@mspackyetti

@nativewomenswilderness

@themujerista

@jesslayica

@jewhungry

@misscorinne86

@michellekimkim

@jasforjustice

@weareaanow

@amandangocnguyen

@teachandtransform

@rootsmetals

Websites

White Folks Workbook

<https://blackmomsblog.com/>

The Great Unlearn Patreon

The Conscious Kid Patreon

Raising Race Conscious Children

Embrace Race

Teaching for Change

Podcasts

The Anti-Bias Classroom

Code Switch

Raising White Kids

Talking Race with Young Children

Nice White Parents, This American Life

1619

Michelle Obama Podcast

Videos

Dr. Robin DiAngelo discusses her book "White Fragility"

Talking Black Lives Matters with Preschoolers

Virtual Singalongs with Lavender Blues Music

Movies

- Netflix
 - [13th](#)
 - [When They See Us](#)
 - [Dear White People](#)
 - [Moonlight](#)
 - [Teach Us All](#)
 - [Strong Island](#)
 - [What Happened, Miss Simone?](#)
 - [LA 92](#)
- Hulu
 - [If Beale Street Could Talk](#)
 - [Atlanta \(series\)](#)

- [Whose Streets?](#)
- [Sorry to Bother You](#)
- HBO Go
 - [The Loving Story](#)
 - [BlacKkKlansman](#)
 - [The Watchmen \(series\)](#)
 - [The Hate U Give](#)
- Amazon Prime
 - [The African Americans: Many Rivers to Cross](#)
 - [I Am Not Your Negro](#)
 - [The Fits](#)
 - [Marshall](#)
 - [Harriett](#)
- Disney+
 - [The Color of Friendship](#)