



## Paddington Station Preschool Outdoor Learning Opportunity: Texture Rubbings

**Key Learning Skills:** Hand - eye coordination, artistic expression, fine-motor skills, awareness of the richness of their environment.

**Suggested Materials:** Copy paper, dark colored crayons with the paper removed, tape, items found in nature; rocks, bark, leaves, ferns, trees, brick, you can even try this on the sidewalk

**Resources:** N/A

### Directions:

- You can start this activity by talking about the five senses – touch, taste, smell, sight, and sound.
- Ask your child about the different colors (sight), sounds, and smells that grab your child's attention outside. Bring awareness about touch - different textures and patterns your child sees/feels.
- For the rubbings you can place your paper directly onto the piece of nature or tape it to the tree etc. if your child is having difficulty keeping the paper still
- Once paper is placed on top of the textured surface, use the side of the crayon to rub/color on top off the copy paper. The children will be amazed at how the texture rubs onto the paper!
- Move around your outdoor area and create rubbings of many different textures,
- After your done creating the rubbings you can attach them together to make a textured quilt.

**Helpful Hints:** Model some of the textural rubbings for your child. Pick your favorites and hang them up inside

### Extension:

- Talk about natural vs. non-natural materials. Let the children create rubbings on things like the stage, cement, toys. Do they look the same or different as natural materials?
- Patterns, Patterns, Patterns!

**What extensions can you think of? Add your own!**

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